

Daley Report

The Crazy Cycle

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Just like washing machines have different cycles ... so does your marriage! There may even be times when you look at your spouse and think, "How did we get here?" ... and "Why don't we like each other very much?"

If that describes your marriage today (or the marriage of someone you know) ... you might just be caught in the desperate spin of the "crazy cycle"!

Thankfully, according to Dr. Emerson Eggerichs of *Love and Respect Ministry* - this cycle can be broken! With God's help, a little knowledge and understanding - and the desire to make things right in your union - **you can stop the spinning!**

So what is this "crazy cycle?"

The concept of the "crazy cycle" grew from the words found in Ephesians 5:33, "Nevertheless, each individual among you also is to love his own wife even as himself, and the wife must see to it that she respects her husband." (Ephesians 5:33, NASB)

Here's the bottom line: Men crave **respect**. More than anything. Women want to **feel loved**. More than anything. The vicious "crazy cycle" starts its reckless spin when one or the other feels his or her basic need is not being met. When a wife feels unloved, she begins to act in ways that feel disrespectful to her husband. Without respect, he shuts down ... which leads him to act less loving. And on and on it goes.

Here is the bottom line: The root of the "crazy cycle" problem is a lack of COMMUNICATION

- ◆ A woman needs to be loved ... and a man needs to get motivated to meet that need.
- ◆ A man needs to be respected ... and a wife needs to learn how she can meet that need.

Begin by scheduling a time when you can be together without stress or interruptions. Ask your spouse the questions "What makes you feel loved/respected?" And "What can I do to let you know how I love/respect you?". When you have your answer, act on it. Start looking for ways to express your love and respect for one another.

Lives were changed at the Destin, FL FamilyLife Conference, March 10, 2006

Consider these quotes from just two couples who attended;

"Saved our marriage. Our divorce will be final on March 20. But we will remain together, work harder at meeting each other's needs & will re-marry in the near future (May 2006)."

"I was considering a separation or divorce from my spouse (I just didn't know or have the tools to make it work). Praise God! because he brought us here and because of Him & this ministry I know my husband & I have total restoration of our marriage as long as we work the keys."

Praise God that His message continues to restore lives!

Your Prayers Are Needed

Marshall—I have now submitted my portfolio for acceptance into the upper division classes in my major. Please pray that it is acceptable and that I am able to sign up for the classes I need to graduate.

Elaine— Please continue to pray for my Father-in-law, Curt. In addition to the cancer, he has contracted shingles. Pray for relief from his suffering. Praises that things are going well in our jobs and we continue to enjoy the work very much.

Tim & Judy— Praises for a GREAT FL conference in Lake Mary, FL. There were 784 people in attendance and things went very smoothly on the administration side. God has been doing some amazing things in regards to our support issues. We are seeing commitments come in from places we never expected! We are very much encouraged. Please continue to pray for the completion of our support raising efforts. We will be traveling throughout Alabama, Mississippi, Louisiana and Florida to meet with prospective MPD partners the week before and after Easter. On April 29 we will fly to California for a few weeks work out there. Pray for safe travel for us, and protection for our home while we are gone.